



Parents Forever: Co-Parenting Class

2024 Available Dates:

- January 22nd
- March 18th
- July 8th
- September 9th
- November 4th

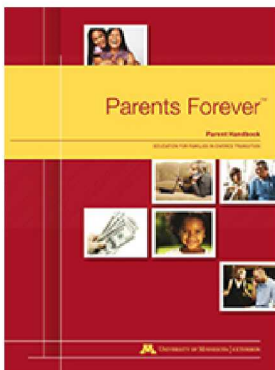


Time: 6:00-9:00 PM
Cost: \$20.00
Location: Online via Zoom



This class will help parents:

- Describe the family transition journey and how each family member is affected.
- Recognize the role of self-care, parent-child relationships, and co-parenting to support child well-being.
- Understand the value of keeping children out of the middle of conflict.
- Identify internal and external resources and strategize how to leverage these resources to promote resilience for all involved.



Register:
<https://forms.gle/YPgczdoAgjet7NZi9>

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